

Gulf LMSC Meeting
Wednesday, January 22, 2020
Brenda and John Duncan YMCA

Attendance:

Officers and Committee Chairs:

Kris Wingenroth (Chair), Kevin Lunsford (Vice Chair & Sanctions), Mark Hahn (Treasurer), Karlene Denby (Secretary, Newsletter, Long Distance), Bruce Williams (Registrar), Bruce Rollins (Coaches), Stacey Eicks (Top Ten Recorder), Herb Schwab (Officials)

Team Representatives: John Keen (COOGS), Linda Visser (COOGS), Jill Quinn (FCST), Tom Boak (WMST),

Call to Order

The meeting was called to order at 6:45 p.m. at the Brenda and John Duncan YMCA.

Amendment of 2020 Budget and Approval of Minutes from Previous Meeting

A correction is required to the 2020 budget that was approved at the November 20, 2019 meeting. The original budget, as approved, included a line item for the LMSC Summit that occurs in odd numbered years only.

Therefore, it should not be in the 2020 budget.

MSA to remove the LMSC Summit line item (\$2,500.00) from the 2020 budget.

Motion by to amend the minutes of the November 20, 2019 meeting, by removing the LMSC Summit as an expense in the 2020 budget in the Treasurer's Report section of the minutes.

MSA for approval of the minutes as amended from the Gulf LMSC meeting of November 20, 2019.

Officers' Reports

- Chairman (Kris Wingenroth): The "first meet free" reimbursement is now operational. Kris surveyed local ALTS instructors about a possible ALTS outreach in Houston during 2020. There is more information about ALTS in the "New Business" minutes.
- Vice Chair (Kevin Lunsford): No report.
- Secretary (Karlene Denby): Now that the annual meeting minutes have been amended and approved, they will be forwarded to the National Office.
- Treasurer (Mark Hahn): The ending cash balance as of December 31, 2019 is \$16,631.32 plus \$30,346.39 in certificates of deposit for a total of \$46,977.71. For the 2019 fiscal year, the LMSC had a net loss of \$5,091.89. The loss can be attributed to the Gulf LMSC reducing its portion of membership fees, offsetting increased national fees, in an effort to keep total membership fees unchanged for our members. Mark submitted the Gulf LMSC's financial reports to the USMS National Office on January 22, 2020.
- Membership Coordinator/Registrar: (Bruce Williams): There are two new teams in the Gulf LMSC for 2020: Masters Katy Swim Team (MKST), and Villa Sport Athletic Club (VSCY) in Cypress. As of January 21, 2020, there were 696 registered swimmers (371 male/325 female), 25 USMS-registered clubs, and 70 self-identified coaches. When compared to January 31, 2019, there is a decrease of 142 registrations (16.9% decrease).

Committee Reports

- Sanction Chair (Kevin Lunsford): The March Madness Meet, to be held on March 8, 2020, has been sanctioned. At the request of David Guthrie, the UH Invitational SCY Preliminaries and the UH Invitational LCM Finals, held on January 10-11, 2020, were sanctioned. David Guthrie remitted the \$50 sanctioning fee to Treasurer, Mark Hahn.

- Top Ten Recorder (Stacey Eicks): The times from the Sabine Weisner November Classic SCM Meet and the Jesse Coon Memorial Meet have been processed. The 2019 SCM top ten times for the Gulf LMSC have been submitted and accepted by the National Office. Stacey performed ~~of~~ a review of the dual-sanctioned meets from 2019-2020. There were six dual-sanctioned meets in that time-frame. The last two meets have encountered problems when Stacey attempted to submit the times to the National Office.
- Communications (Karlene Denby): The Winter 2020 newsletter is over half way completed. Topics include a nutrition article, a workout, news about the Swim Across America open water and pool events, Gulf Swim University, the Emmett Hines Award recipient, a cartoon, Spring Nationals in San Antonio, upcoming events, and the 2019 LCM top ten. Karlene anticipates that the newsletter will be ready for publication in February 2020.
- Webmaster (Nicole Christensen): Not present, no report.
- Coaches (Bruce Rollins): Bruce is still working on the zone records for SCY and SCM. The National Office only has results from meets held in 2000 or later.
- Fitness (Rebecca Tompkins): Not present, report by Kris. 2020 Gulf Swim University is currently underway. Interested members can enter by contacting Rebecca at violaonfire@gmail.com. Members should make sure to include their t-shirt size and team name in the entry email.
- Officials (Herb Schwab): Herb sent an email to all Gulf USAS officials, requesting that they sign up to officiate at the USMS Spring Nationals in San Antonio. Interested officials can submit an application to officiate. Questions about applying can be directed to Herb at 281-242-1334 or at herb.schwab@gmail.com.
- Open Water (Karlene Denby): There are no new open water events on the 2020 calendars. The events already on the schedule are the Swim Across America Charity Swim (April 18), and the Rice Open Water Swim Carnival (May 9).
- South Central Zone (Nicole Christensen): Kris reported that Nicole wants to start a South Central Zone website. Nicole is also trying to generate interest from swimmers in the West Texas LMSC (formerly known as the Border LMSC).

Old Business

- The “First Meet Free” promotion is already underway for 2020. The Rice March Madness Meet includes the “First Meet Free” information on its entry form.
- SMOG Grants – should be requested in advance, if the meet director believes it may be needed. Try to be proactive, not reactive.

New Business

- Gulf LMSC can appoint At-Large Delegates, if appropriate. An LMSC can appoint up to five delegates. Table for now.
- The 2020 Budget includes \$1,500 for ALTS training and Coaching Certification Levels 1 & 2. Gulf LMSC will pay 100% of coaching certification registration (\$190) and half of the \$250 registration fee for ALTS certification. There are classes scheduled in both San Antonio and Dallas this spring.
- April is Adult Learn to Swim Month – Jill Quinn (FCST) reported on how First Colony Masters offers ALTS classes in coordination with their age group team. The ALTS classes normally run from just after spring break until October, but FCST will offer classes prior to spring break, if the swimmers don't mind the colder temperatures. Two hurdles that FCST encounters are (1) the cost involved in attending the classes (\$45 for a 30-minute lesson), and (2) that all ALTS classes must be offered at the FCST home pool. While there are three ALTS-certified coaches, only one may be readily available at any given time. Swimmers prefer to have a consistent instructor, rather than alternating among the three available. Jill said that ALTS is a good launch pad for teaching adults and can be modified as needed. Bruce Rollins noted that ALTS works much better for those who do not have a fear of the water.
- Bruce Williams announced that he is tendering his resignation as LMSC registrar/registration coordinator. He is willing to stay on until the end of 2020, but would prefer to have someone to fill the position and receive training earlier, if at all possible.

- Potential Rules or Legislation proposals for convention: There has been some discussion about clarifying the qualifications of observers at recognized meets, including certified officials who are not officiating the meet. We should be thinking about any rule or legislative changes that we would like to propose.
- As the Gulf LMSC has opted in for the unified registration fee (\$60) for 2020, we will have more money coming in (\$12 vs. \$5 per registrant). We need to think about how to best utilize the increase in funds, and how we can best serve our membership. Some ideas that we discussed briefly include:
 - Offering more social events for our members, including co-hosting the social at the SC Zone Championships in early April.
 - Having a contest to encourage more LMSC team participation at the SC Zone Meet. The awards would be broken down by small, medium, and large teams and could be done either by total points, or a percentage of points earned per team members. Bruce Rollins and Bruce Williams will work on this.
 - Increasing coach involvement by offering a clinic to all LMSC coaches.
 - Increasing socialization by having coaches switch teams for a practice or having combined team practices.
 - Increasing socialization by having traveling socials. We would pick pools in different areas of the LMSC that can host a large group (WMST, FCST, Rice, Dad's Club), and then offer a fun practice and social which would be open to all LMSC-registered swimmers.
 - Offering free (or low cost) clinics for fitness swimmers.
 - Motivating swimmers by encouraging teams to hold their own "Go the Distance" programs for their members.
 - Recognizing our members by having teams select their "swimmer of the month" to be announced in the Gulf newsletter.

Next Meeting

The next meeting will be held on Wednesday, March 25, 2020 at Brenda and John Duncan YMCA.

The meeting was adjourned at 8:28 p.m.

Respectfully submitted,
Karlene Denby, Secretary

2020 GULF LMSC COMPETITION & EVENTS SCHEDULE

Go to <https://www.gulfmastersswim.org/GMS/meets.cfm> for event information and registration links. This page is updated frequently as new information is received.

SHORT COURSE YARDS AND OPEN WATER

- January 1 – February 29: USMS 1-Hour ePostal National Championship
- Saturday, January 11, 2020: Jesse Coon Invitational, College Station ISD Natatorium, College Station, TX
- Saturday, January 25, 2020: Woodlands Relay Meet, Conroe ISD Natatorium, Shenandoah, TX
- Saturday, February 15, 2020: Sweetheart Swim, WW Emmons Natatorium, Houston, TX
- February 15 – February 29: SmartyPants Vitamins USMS Winter Fitness Challenge (30 minute swim)
- Sunday, March 8, 2020: March Madness, Rice University Gibbs Recreation Center
- April 1 – 30: USMS Adult Learn-to-Swim Month
- Fri. – Sun., April 3-5, 2020: South Central Short Course Zone Championship Meet, University of Houston, Houston, TX
- April 6, 2020: ALTS Training, Fort Worth, TX
- Saturday, April 18, 2020: Swim Across America Charity Open Water Swim, Lake Houston, Houston, TX
- Thurs. – Sun., April 23-26: USMS Spring Nationals, San Antonio, TX
- Saturday, May 2, 2020: MAC Against Cancer, SAA Charity Pool Swim, Houston, TX
- Saturday, May 9, 2020: Rice Open Water Swim Carnival, Twin Lakes, Manvel, TX (requires a one-day USAS membership)
- Saturday, May 16, 2020: USMS Levels 1 – 3 Coaching Certification, San Antonio, TX
- Sunday, May 17, 2020: ALTS Training, San Antonio, TX
- June TBD: USMS Try Masters Swimming Week

LONG COURSE METERS

- May 15 – Sept. 15, 2020: USMS 5K/10K ePostal National Championships
- June 17 – 27, 2020: UANA Pan Am Masters Championships, Medellin, Colombia
- Sunday, June 28, 2020: Graham Johnston Invitational, Dad's Club
- Saturday, July 11, 2020: WMST long course meet, Conroe ISD Natatorium, Shenandoah, TX
- July 15 – July 31, 2020: SmartyPants Vitamins USMS Summer Fitness Challenge (2K swim)
- Fri. – Sun., July 24-26, 2020: South Central Zone Long Course Zone Championship Meet, Walker Pool, San Antonio, TX
- Wed. – Sun., August 12 – 16, 2020: USMS Summer Nationals, Richmond, VA